

ROWING AT VLC

In terms of Victoria Lake Club's rules, any person who wishes to row on the lake must:-

- (1) be a member of VLC, **and**
- (2) be a member of one of the rowing clubs based at the lake.

There are numerous rowing clubs based at Victoria Lake, including a number of school and university clubs, Ravens (which is a St Benedicts old boys club), Victoria Lake Rowing Club (which is an open club for seniors and masters, and for their children) and VLRC Juniors, which is the junior section of VLRC.

To join the Victoria Lake Rowing Club (VLRC) there is thus a 2 stage process to be followed:-

1. Membership of VLC (Victoria Lake Club)

There are a number of membership options, one of which must be selected when completing the application forms:-

- Family membership (includes children under the age of 18)
- Single membership (single adult)
- Pensioners membership
- Student/youth membership (student under 18)
- Intermediate membership (student between 18 and 25)

The current annual rates are:-

- Family R 3200.00
- Senior Single R 1900.00
- Pensioner R 575.00
- Student U18 R 660.00
- Intermediate U25 R 660.00

Membership of VLC runs from 1st May to 30th April. **None of the fees paid to VLC go to the rowing club** (VLRC), but are used to maintain the lake, the clubhouse and other facilities, and to pay for administration, security costs, etc.

When applying for membership, if you wish to row, you should tick the ROWING section box – this does not give you membership of any of the rowing clubs, and is for administrative purposes only.

Having been accepted as a member of VLC, you are now required to join the rowing club.

2. Membership of VLRC (Victoria Lake Rowing Club).

There are several options here as well:-

Family (2 adults, dependant children up to 25 yrs old)	-	R 3000.00
Juniors* (only minor children of active Adult Members)	-	R 900.00
Student & Senior members (under 27 years of age)	-	R 950.00
Members over 27 years of age	-	R 1500.00

*These juniors are generally children who row for school clubs, and wish to row socially or off season for VLRC. Coaching is not included in this annual fee.

The annual membership cycle for VLRC runs from 1st June to 31st May, ie it lags the VLC cycle by one month.

Junior members who do not row for school clubs, and who wish to receive structured coaching must join VLRC JUNIORS. Membership is R 350.00 per month, which includes two coached sessions per week.

2.1 Participating in regattas

If you are a member of VLRC and wish to take part in regattas, you will row for the club, in club colours. In order to do so, you must be registered as a rower with the Gauteng Rowing Association (GRA) and Rowing South Africa (ROWSA). There are annual affiliation fees for both of these of R110.00 for GRA and R 190.00 for ROWSA. This is payable by each rower, except that junior members who also row for their schools are affiliated through their schools, rather than through the club.

There are also entry fees for each race you compete in, which vary from regatta to regatta, but are typically between R 30.00 and R 50.00 per race.