



ROWING FOR VLRC FOR JUNIORS

There are two options junior rowers (U13 – U19) may take in order to row for (or with) Victoria Lake Rowing Club.

1. Child attends a non-rowing school.

These juniors may join VLRC JUNIORS in their own right. They may join either for year round rowing, or summer only rowing. Coaching is provided, with a minimum of two coached sessions per week.

These juniors may compete in VLRC colours in all regattas, including SASRU regattas.

Additional private lessons are also available to these members, should they require them.

2. Child attends a rowing school.

These juniors may join VLRC JUNIORS for the Winter Rowing Program, a Holiday Rowing Program, or, if they wish to spend additional time on the water during the school rowing season, for the full year.

A minimum of two coached sessions per week are provided, but it must be noted that some schools do not like their members to be coached by people other than their school coaches.

These juniors are also permitted to row for VLRC in non-SASRU regattas, including the Gauteng Seniors and SA National Championships which take place in April, and in the social regattas run during winter (Head Of The Vaal; Club Boat Race; Long Row; Lunar Row; Wits Bucks; Soweto).

Additional private lessons are also available to these members, should they require them.

The current rates for both of these options are illustrated on the attached schedule.

Please note that no refunds are made should a child miss sessions. Depending upon the circumstances, make-up sessions may be offered.

For options 1 and 2, the fees include:-

- Club boat use
- Two coached sessions per week, at least one on the water, weather permitting.
- Membership fees for VLC Main Club, if applicable
- Affiliation fees for ROWSA and GRA, if applicable
- Regatta entry fees for junior SASRU regattas, where applicable.
- Towing of boats to regattas

Fees do not include:-

- Rowing kit, which is compulsory for regattas
- Rowing camps
- Private coaching
- Regatta entry fees for non SASRU regattas

VLRC Juniors also offers a limited number of sponsored membership packages to children in disadvantaged circumstances. Applications for assistance will be treated in confidence. Sponsorship ranges between partial and full sponsorship, depending upon circumstances.

FEE STRUCTURE 2019/2020 SEASON

VLRC JUNIORS

FULL YEAR ROWING MEMBERSHIP	
Once off payment	R 4250.00
Monthly payments x 11	R 430.00 x 11
SUMMER ROWING SEASON MEMBERSHIP	
Once off payment	R 2900.00
Monthly payment x 7	R 440.00 x 7
WINTER ROWING SEASON MEMBERSHIP 2019	
Once off payment April - August	R 2550.00
Monthly payment x 5	R 540.00 x 5

Second and subsequent children from a family will receive a 20% discount.

Sponsored membership may be applied for using the Membership Application Form.

Private coaching lessons over and above normal sessions are available at R250.00 per 2 hour session.